



## 'Excellence for All'

# Long Term Plan PSHE

Half term	Unit title	Key knowledge/ Content to learn and retain	Essential skills to acquire (subject & generic)	Link to subject ethos 'Excellence for All'	Anticipated misconceptions	Links to previous KS	Links to future KS	Opportunity for stretch for high prior attainers	SMSC & British Values	Cultural Capital	Career Link
Y11 HT1	Being Me in My World (Mental Health and Wellbeing Focus)	Responsible Health Choices	-What are vaccinations? - Why is organ and blood donation important? -What is stem cell therapy	The ability to give CPR and use defibrillators. To understand the gift that organ donation can be. To understand that grief is a normal and natural reaction to	Not understanding what organ donation means (Opt in and opt out). Victim blaming. Not understanding self-examination and the need for it	Drugs and making responsible choices,	Spiral curriculum is built on throughout KS3 and 4	Understanding the law around organ donation. Stem Cell therapy and links with Biology. The law around date rape crimes.	Pupils understanding of how to keep physically healthy. Responsible, respectful and active citizens who are able to play their part. Pupils become confident, resilient	Visiting speaker opportunity - BHF, paramedics. Police	Emergency services Stem cell scientist Midwifery, medicine, emergency services, Oncology

		<p>What is cancer? How to self examine.</p> <p>Date Rape</p> <p>Pregnancy and Fertility</p> <p>Fertility and reproductive health</p> <p>CPR &amp; Defibrillators</p>	<p>-To be able to name the 4 most common types of cancer</p> <p>-To know how to self examine for two most common cancers: breast and testicular</p> <p>-To understand that the victim is never at fault</p> <p>-I can identify some positive approaches to parenting</p> <p>- To understand key terms around fertility</p> <p>-Where to find support for reproductive health</p> <p>-I can correctly identify the</p>	<p>loss and that it in itself can bring wisdom. That victims need understanding and kindness rather than judgement.</p>					citizens.		
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		Grief	<p>order of steps to perform CPD</p> <ul style="list-style-type: none"><li>- I can perform these on a partner or dummy</li></ul> <p>-I can describe the 5 stages of grief</p> <ul style="list-style-type: none"><li>-I can identify one tool people can use to help with the grieving process</li></ul>								
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