



'Excellence for All'

Long Term Plan PSHE



Half term	Unit title	Key knowledge/ Content to learn and retain	Essential skills to acquire (subject & generic) Critical content	Link to subject ethos 'Excellence for All'	Anticipated misconceptions	Links to previous KS	Links to future KS	Opportunity for stretch for high prior attainers	SMSC & British Values	Cultural Capital	Career Link
Y10 HT1	Being Me in My World (Mental Health and Wellbeing Focus)	Social Media and pressures Revenge Porn	Define the following terms - - Online persona -Brand -Self-Esteem - I understand that online persona is different to reality. Define - Revenge Porn	To understand that people have bodily autonomy and to take a picture without their consent or to share it without their consent is breaking trust. To understand	Legal age of culpability being 10 years That prescription drugs can be harmful	That drugs are intrinsically linked with gangs, county lines, antisocial behaviour, and young offending.	Spiral curriculum is built on throughout KS3 and 4	Understanding the law around drugs. Campaigns against body shaming and nude sharing	Pupils recognise risks to their wellbeing for example drugs, pupils feel ready for the next phase of their lives outside school, pupils are resilient and understand how to keep themselves	Speaker opportunity - Prison Me No Way, RE-Fresh, The Warren, UK Feminista	Emergency services, drug outreach

			<p>Takedown Policy I know where to find help if you become a victim of revenge porn</p> <p>The Law - private and criminal prosecution is possible.</p>	<p>how drugs can ruin lives.</p>					<p>physically healthy</p>		
		<p>Body Shaming</p>	<p>Define - Body shaming Body image I have tools to use to encourage body positivity in myself and others</p>								
		<p>Online Fraud</p>	<p>Define - Online fraud Name some types of online fraud I understand some of the techniques fraudsters use and where to get help if I become a victim</p>								
		<p>Drugs - Class C</p>	<p>I can identify what class C drugs are I understand</p>								

			<p>the dangers of Class C drugs and the possibility of addiction to prescription drugs</p>								
		Drugs - Class B	<p>I can identify some Class B drugs. I understand the harms that Class B drugs can cause</p>								
		Drugs - Class A	<p>I understand the harm that Class A drugs can do I understand the law relating to drug possession, supply and production</p>								