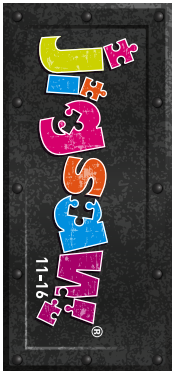


Changing Me Puzzle Map - Ages 12-13

Big Question: What factors can make an intimate relationship happy and healthy?

Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
1. Different types of relationship	<p>I know different types of close, intimate relationships that people can have</p> <p>I know what happens physically when individuals experience physical attraction</p> <p>I know how to discuss the positive aspects of a range of different types of personal relationships that adults may have and the possible impact on children</p>	<p>I know that intimate relationships do not have to involve sex</p> <p>I know some of the things that might happen emotionally when individuals experience physical attraction</p> <p>I know some of the positive behaviours people exhibit in healthy intimate relationships</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Slide 3 as a hand-out</p> <p>Slide 4 as a hand-out</p>
2. What's in a relationship?	<p>I understand the positive aspects of having a girlfriend or boyfriend</p> <p>I can describe some of the behaviours you would expect to find in a healthy romantic relationship</p>	<p>I can identify what you would seek in a boyfriend/girlfriend relationship</p> <p>I can compare and contrast the key features of healthy and unhealthy romantic relationships</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Blank A4 gender non-specific gingerbread person</p>
3. Looks and smiles	<p>I can understand the range of feelings associated with attraction</p> <p>I know where to get information to safely explore feelings about sexuality</p>	<p>I recognise that attraction towards others takes many forms and can change over time to help manage them</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>www.youtube.com/watch?v=p578HIQyUaY</p> <p>www.youtube.com/watch?v=DJfj-5fwikc</p> <p>www.youtube.com/watch?v=NS4fpagwyPA</p> <p>Script (optional)</p>



Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
4. Does watching pornography help people to understand relationships?	<p>I know that pornographic images do not reflect reality</p> <p>I know how pornography can impact on expectations and self-image</p>	<p>I recognise the role of pornography in society</p> <p>I understand the negative influence pornography can have on relationships</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Worksheets:</p> <ol style="list-style-type: none"> 1) Isn't it curious that ... 2) In American-made pornography ... 3) Actors/Actresses and 'Performers'
5. Alcohol and Risk	<p>I can list some risks associated with drinking too much alcohol, including unprotected sex, non-consensual sex</p> <p>I know what the law says in relation to sex and alcohol</p> <p>I can discuss the steps someone could take if they had engaged in risky sexual behaviour as a result of drinking too much alcohol</p>	<p>I can describe the behaviour changes that can occur when people drink alcohol</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Mix and match activity (below)</p> <p>www.youtube.com/watch?v=7x6HUNTnXUw</p> <p>Or www.youtube.com/watch?v=g2gVzVIBc_g</p> <p>Or www.youtube.com/watch?v=EY37BFmVxwQ</p>
6. Assessment	<p>I can summarise behaviours and attitudes that could make a relationship healthy or unhealthy</p> <p>I can explain some risks associated with pornography or alcohol use in relation to relationships</p>	<p>I can express my own opinions on relationship issues</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Workbook</p>

