

## Relationships Puzzle Map - Ages 11-12

**Big Question: What can make a relationship healthy or unhealthy?**

Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
<b>1. Positive qualities of healthy relationships</b>	<p>I can identify characteristics and benefits of positive, strong, supportive, relationships</p> <p>I understand what expectations might be of having a romantic/ attraction relationship</p> <p>I understand what is meant by consent</p>	<p>I understand/recognise the range of positive qualities people bring to relationships</p> <p>I understand why respect for the other person's wishes is important in relationships</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Ball of string or wool</p> <p>Post-It notes for each student</p> <p>Relationship recipe template (optional)</p> <p>Jigsaw Journals</p>
<b>2. My changing supportive relationships</b>	<p>I can identify the supportive relationships in my life</p> <p>I know that relationships change and suggest how to manage this</p>	<p>I understand/recognise the characteristics of some of the supportive relationships in my life</p> <p>I can recognise that my emotions and feelings can change regularly</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Support-wall template (optional)</p> <p>Post-It notes</p> <p>Jigsaw Journals</p>
<b>3. Getting on and falling out</b>	<p>I can identify why people sometimes fall out</p> <p>I can suggest ways to manage conflict within my friendship group</p>	<p>I can identify emotions that can be associated with falling out</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Scenario cards printed for groups</p> <p>Paper for group work</p> <p>Jigsaw Journals</p>



Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
<b>4. Discerning external factors in relationships</b>	I can understand that discernment is an important skill when being a consumer of media	I can understand discernment and how it is important in relationships	Jigsaw Chime Jigsaw Charter PowerPoint slides Jigsaw Journals
<b>5. Assertiveness in relationships</b>	I can recognise when to use assertiveness in some of my relationships I can understand the personal and legal consequences of sexting I can understand what it meant by consent	I can suggest skills which will keep my relationships happy and healthy I can apply assertiveness to my relationships when appropriate	Jigsaw Chime Jigsaw Charter PowerPoint slides Assertive/Passive/Aggressive cards (optional) Scenario cards (optional) Jigsaw Journals
<b>6. Assessment</b>	I can summarise behaviours and attitudes that could make a relationship healthy or unhealthy and can explain what discernment is	I can explain my understanding of respect and authenticity	Jigsaw Chime Jigsaw Charter PowerPoint slides Workbook

