

## Relationships Puzzle Map - Ages 12-13

Big Question: Because I'm worth it...or am I?

Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
<b>1. Being in control of... myself</b>	<p>I understand that relationships affect everything we do in our lives and that relationship skills have to be learned and practised</p> <p>I understand that social media can both positively and negatively affect how I feel about myself</p>	<p>I know some things I can do to manage the impact of how social media makes me feel about myself</p>	<p>Jigsaw Chime PowerPoint slides Jigsaw Charter Tables</p>
<b>2. Being in control of... my relationships</b>	<p>I understand that relationships can cause strong feelings and emotions</p> <p>I understand the features of positive and stable relationships</p> <p>I understand that all relationships have positive and less positive aspects</p>	<p>I understand that relationships affect everything we do in our lives and that relationship skills have to be learned and practised</p>	<p>Jigsaw Chime PowerPoint slides Jigsaw Charter Paper and pens (optional)</p>
<b>3. Being in control of... personal space</b>	<p>I can define what is meant by personal space and how this varies across my relationships both online and offline</p> <p>I can discuss how personal space differs across different cultures</p>	<p>I understand etiquette and manners in relation to privacy both online and offline</p> <p>I know some steps that can be taken if my personal space, privacy or both are being threatened</p>	<p>Jigsaw Chime PowerPoint slides Jigsaw Charter Paper and pens</p>
<b>4. Managing Control and Coercion in Relationships</b>	<p>I understand what is meant by control, power balance and coercion in a relationship</p>	<p>I know what a good relationship looks like and how to protect myself from an unhealthy relationship</p>	<p>Jigsaw Chime Jigsaw Charter PowerPoint slides Care, Coercion or more info situations <a href="http://www.youtube.com/watch?v=a9ZNV9a9N3M">www.youtube.com/watch?v=a9ZNV9a9N3M</a> Pre-thinking grid</p>



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<b>5. Being in control of... social media</b>	<p>I understand how to use social media appropriately, safely and legally</p> <p>I can give examples of how personal safety can be compromised online</p>	<p>I understand some of the emotional risks associated with inappropriate use of social media</p> <p>I know what to do if I'm worried about my online or offline safety</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Materials for Top Ten Tips activity (optional)</p>
<b>6. Assessment</b>	<p>I can summarise the differences between a healthy, positive relationship and a coercive one</p>	<p>I can empathise with people experiencing negative or difficult relationships</p>	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint slides</p> <p>Workbook</p>

