



## Being Me In My World Puzzle Map - Ages 12-13

**Big Question: Can I choose how I fit into the world?**

Piece (lesson)	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions	Resources
<b>1. Who am I?</b>	<p>I can appreciate that identities are complex and can change over time</p> <p>I can appreciate the similarities, differences and diversity of people's identities</p>	<p>I understand that faith, families, communities and cultures influence identity and can start to identify the influences in my life</p>	<p>Jigsaw Chime</p> <p>PowerPoint slides</p> <p>Jigsaw Charter</p> <p>Two sheets of paper for each student (optional)</p>
<b>2. My 'family'</b>	<p>I can understand about collective and individual identities and cultural diversity</p> <p>I understand the influence family has on self-identity</p>	<p>I can make sense of what has happened in my life and understand the influences from my own history and how they have shaped my self-identity, including those I've chosen to reject</p>	<p>Jigsaw Chime</p> <p>PowerPoint slides</p> <p>Jigsaw Charter</p> <p>Prompt cards</p> <p>Kibbutz quiz, one per student (optional)</p> <p>Score sheet - one between two students (optional)</p>
<b>3. 'Family Factors'</b>	<p>I can define what stereotypes are</p>	<p>I can listen actively to other people</p> <p>I can identify what is important for me and what I expect from myself, taking into account the beliefs and expectations of, for example, my family</p>	<p>Jigsaw Chime</p> <p>PowerPoint slides</p> <p>Jigsaw Charter</p> <p>Instruction cards for active listening activity</p> <p>A4 paper for each student</p> <p>Active Listening sheet</p> <p>Challenging Stereotypes sheet (optional)</p>



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<b>4. The power of first impressions</b>	I understand that first impressions can lead to judgements that may be misinformed	<p>I understand that I can make accurate and inaccurate assumptions about my own and others' identities</p> <p>I understand that I can make choices about the influences I accept as part of my personal identity</p>	<p>Jigsaw Chime</p> <p>PowerPoint slides</p> <p>Jigsaw Charter</p> <p>Filtering messages sheet (optional)</p> <p>Additional mindfulness script - filtering messages (optional)</p>
<b>5. Faith and beliefs</b>	<p>I understand that that there is a range of beliefs within any community and I can recognise the beliefs I hold as important to me</p> <p>I can appreciate that people's faiths and beliefs can affect their personal identity</p>	<p>I can see the world from other people's points of view and understand their beliefs</p> <p>I respect people's right to hold their own views and beliefs</p>	<p>Jigsaw Chime</p> <p>PowerPoint slides</p> <p>Jigsaw Charter</p> <p>State of emergency table</p> <p>OR paper for each student (optional)</p>
<b>6. Assessment</b>	I understand how to identify influences and differences and use these positively in my relationships	I know I have choices in how I respond to the expectations of others	<p>Jigsaw Chime</p> <p>Jigsaw Charter</p> <p>PowerPoint Slides</p> <p>Workbook pages</p> <p>Shield template (optional)</p> <p>Expectations template (optional)</p> <p>What's important to me template (optional)</p>